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BUILD WEALTH & SPEND IT ALL by Stanley Riggs, MD

While visiting his 96 year old mother in a nursing home, the author gained insight into what awaits most of our retirement savings. The money his mother had earned as a public elementary school teacher and had frugally saved over fifty years was rapidly being drained away as she dozed off in her chair. They were taking it simply because she still had it; while other residents, who had already enjoyed spending their money, were now getting a free ride.

He realized that he had failed his own mother by helping her with investing and saving when he should have been encouraging her to spend her hard earned savings while she was still able to enjoy it. He was determined not to fail himself.

As an orthopedic surgeon and serial entrepreneur, Dr. Riggs has been building wealth for over fifty years through several very different and very successful careers, each of which has made him a multimillionaire. In *Build Wealth & Spend It All*, he describes how you can use the three concepts of assets vs. liabilities, economic cycles and demographic trends to actually build wealth, rather than just become rich.

He goes on to show how once you have climbed the net worth mountain, you should stop to enjoy the view; then start strategically spending and gifting away every remaining dollar you have earned. He presents a logical plan of how to do this over a predetermined period of time; before the private 401(k) plans are nationalized and redistributed to bail out the underfunded municipal retirement programs. It is a plan for you to enjoy spending it all before they take it away and before you die.

“Your gravestone will be etched with two dates separated by a hyphen. You do not have control over the dates, but do have control over the hyphen – that’s your life. Let *Build Wealth & Spend It All* show you how to make that one great hyphen.”

This book will be available Nov 2014 in hard cover, paperback and e-book and audio book formats at all major outlets.