

Dr. Riggs received his Bachelor of Science degree from the University of New Hampshire, his MD degree from Dartmouth Medical School, and completed his orthopedic surgery residency at the Mayo Clinic in Rochester, MN.

While establishing and managing his private practice in Florida, he developed and managed his own commercial real estate portfolio. With his self-taught knowledge of real assets vs. liabilities, economic cycles and demographics; he was able to build successful careers in the residential, commercial, industrial and resort asset classes by anticipating and staying ahead of the national economic trends.

In November 2014 he released his book *Build Wealth & Spend It All* in hardcover, paperback, E-book and audiobook, available at all major online and retail book stores. Book excerpts can be viewed or listened to at [www.BuildWealthAndSpendItAll.com](http://www.BuildWealthAndSpendItAll.com).

Dr. Riggs resides in Sarasota, FL.